

In the 4<sup>th</sup> Joyful Mystery, we read and we meditate undisturbed:

A SYSTEMATIC CARD for the  
METHOD of PRAYER – ADP-VV  
(Compiled by the Little Friars and Nuns of Jesus and Mary)

( D12 – Sr. E.M.T )



# “The Presentation of Baby Jesus in the Temple”...

## FROM THE GOSPEL ACCORDING TO – LUKE –:

“When the days were completed for their purification according to the law of Moses, they took him up to Jerusalem to present him to the Lord, just as it is written in the law of the Lord...” (Luke 2:22-23)<sup>1</sup>

## MEDITATION ON THE MYSTERY:

In addition to Confession, the first offering or sacrifice that You ask of us, Lord, is that, with our every action, we sacrifice our old man: stripping it of its worldly habits and its obstinate horns of pride (cf. *1 Kings* 18:31-39) and washing and purifying it over and over with the pure water of the four “jars” of the Gospels (cf. *John* 4:13). (cf. *SLC*, p. 154)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to purification, St. Francis de Sales says: “The practice of self-purification cannot and should not come to an end as long as we live. Therefore, let us not be disturbed by our imperfections, because our perfection consists in fighting them....[W]e shall never suffer defeat unless we lose either life or courage.”

(FRANCIS DE SALES, in Book I, Ch. 5, *Introduction to the Devout Life*, Translated and edited by Antony Mookenthottam et al., 2<sup>nd</sup> Revised Edition, S.F.S. Publications, Bangalore 1995, online edition, accessed 15 July 2023)

<sup>1</sup> NABRE (USCCB)

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### FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

- .....
- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ....”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...